

## Mastectomy Products



### It's Your Time to Shine!

During the holidays we get busy with parties and family gatherings and forget about taking care of ourselves. You'll want to look and feel your best. Here are a few questions to ask yourself before you have to meet a new deductible:

Is it time for a new **silicone breast prosthesis**? The answer is yes if: The outer surface is torn, the inner silicone is bubbling, the prosthesis is no longer holding its shape, or your natural breast has changed size. Insurance companies allow a new silicone breast prosthesis every 2 years.

Do you need a **foam breast prosthesis**? These are great for casual wear or when exercising. They come weighted or non-weighted -- some are even waterproof. Most insurance companies will cover both silicone and foam prostheses if your doctor recommends them for use with exercise.

Do you need a new **bra**? You do if the elastic has stretched out. Do you need some more color options? Most insurance companies allow 2 to 6 bras a year. You can get a **camisole** in place of one of your bras. These are great for casual wear and they come with a fluff filled breast prosthesis! They are available in white, ivory, nude, and black.



**The greatest gift  
IS LOVE**



**FOR THIS WE ARE GRATEFUL**

*In the true spirit of the season,  
we express our heartfelt thanks  
for your contributions to our  
success this past year.  
Best wishes to you and your  
family for a joyous holiday  
season and a happy new year.*

*Danny & Brenda Holzer*

## Getting a Prescription

**“But why do I need a prescription for a new prosthesis? It didn't grow back!”**

You may laugh but we have had people ask us that very question. Your insurance company could just as easily ask, “We've already paid for a prosthesis in the past, how do we know a new prosthesis is needed?” They depend on your doctor to make the determination if an item is medically necessary. The bottom line is-- if you want your insurance company to pay, you need to get a prescription. Some doctors now require the patient to request prescriptions. So if you know you will be needing something soon and you already have an appointment with your doctor, go ahead and request a prescription while you are there. Prosthetic prescriptions are good for 90 days.

## Here's your opportunity to improve your economy

In 2007 we started a new program called Caring Friends. We are continuing this program through 2010. In this program any customer who sends us a new customer will receive a voucher redeemable for cash, product, or service. The amount of the voucher will be 10% of the first sale to that new customer, not to exceed \$100 for the first new customer referred. However, the maximum limit will be increased by \$50 for each additional customer referred by one customer until the maximum limit reaches \$300. Simply give anyone you want to refer to us one of our business cards with your name on the back. The person you refer will also get a free evaluation and a gift. For more details or business cards, please contact us at (770)922-5540.

Just for laughs



## Here are some helpful cost saving tips:

Have you met your deductible with your insurance plan?

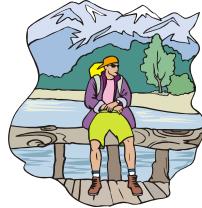
If so, you only have until the end of the year to get the products you need before new deductibles apply.

Do you have a flex spending account through your employer?

Remember, those funds are 'use it or lose it' so make sure you have spent all funds available.

## 'Tis the season

Like many families, ours tries to get together during the holiday season.



We usually go to the mountains for a few days. We'll be doing the same this year.

Our office will be **closed** on:  
**Dec. 24th, 25th, & 31st**  
**Jan. 1st**

For your last minute needs we will be **open** on:  
**November 27th**

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# Able Prosthetic Care, Inc.

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